OCEAN COUNTY ARES®
STANDARDIZED TRAINING PLAN

ARES® EMERGENCY COMMUNICATOR

INDIVIDUAL TASK BOOK

Task Book Assigned To:

Name_____Call: _____ ARES® Group: _____

Phone Number: _____Email: _____

Task Book Initiated By:

ARES® Leader's Name: Robert Murdock Sr.   Call: WX2NJ
Title: ARES® Group: SNJ, Ocean County, 029NJ01
Phone Number: Email:

Initiated Location & Date:

Location:_____Date: _____

Version: 2.0 February 2021

Task Book

The Task Book is a working document that enables those Ocean County ARES® communicators electing to participate in the ARES® training plan to track and document their training plan elements as they are completed towards increasing levels of proficiency. The Task Book should contain all training plan items, completion dates and sign-offs as the ARES® communicator transitions through the four skill levels. The ARES® communicator is responsible for maintaining their Task Book and having it with them during training and assignments. The Task Book also contains sections with definitions of the communicator levels; as well as common responsibilities.

Recommendations for minimum proficiencies and skills per level are listed. Ocean County customized the ARRL standard plan for Ocean County with SEC approval. Prior known experience may be substituted for some listed tasks. It is suggested that items in the proficiency/skills section be used in training sessions or for meeting/event presentations.

NOTE: the *approving EC* must meet/exceed the qualifications for each level they are signing off on.

Skill Levels:

Level 1 - Entry level into the ARES® organization, assumes certain skills by obtaining an Amateur Radio license

Level 2 - Set of base level of validated skills desired by ARES®

Level 3 - Increased skill set validation along with candidacy to leadership positions and Away Team consideration [MAT Team]

Away Team Qualified (ARES MAT Team) – Highest level of training - Functions on 72-96 hour away assignments and is a prime candidate for Iowa ARES MAT Team requested deployment status

Responsibilities:

Individual	• Reviewing and understanding task book requirements
	• Identifying desired objective/goal
	• Satisfactorily demonstrate completion of tasks for each level
	• Assure the evaluations are completed
	• Maintain and keep the Task book up to date
	• Make Task book available during assignments
	• Responsible for submitting completed Task Book to Section Management
Evaluator	• Be knowledgeable and proficient in the tasks being evaluated and approved
	• Meeting with Communicator and evaluating past experiences, current qualifications and desired objectives/goals
	• Reviewing tasks with Communicator
	• Documenting completion of tasks with Task Book sign offs
	• Completing the sign off, comments and qualifying

Section   •   Responsible for maintaining database for ARES participants in Training Plan

Common Responsibilities (for Activations)

It is the responsibility of each ARES® communicator to be prepared with the proper dress, equipment, knowledge and demeanor to support the assigned task. If you are unable to perform, or uncomfortable with your assignment let, your Team Leader or requesting agency know so that you may be assigned appropriately.

At Staging
- ☐ Complete and turn in input forms and check in at Staging Area
- ☐ Obtain briefing from Agency Lead or Resource Team Leader regarding incident/event
- ☐ Receive Job assignment, reporting location and travel instructions
- ☐ Verify equipment needed for assignment
- ☐ Obtain Frequency Plan (ICS Form 205)
- ☐ Assess personal readiness for incident and climate (physical, clothing, medications, money, equipment guides, etc.)
- ☐ Maintain a check list of your equipment and personal "Go-Kit"
- ☐ Inform others as to where you are going and how to contact you
- ☐ Review your Operations and Procedures Notebook/Documentation

At Assignment
- ☐ Check in with the on-site leader or served agency official
- ☐ Check in with Net Control to inform you are on site
- ☐ Determine location to set up equipment
- ☐ Set up your equipment with safety in mind
- ☐ Establish radio contact with net control per frequency plan
- ☐ Prepare and maintain reports and forms for your task
- ☐ Use clear text and ICS terminology in all radio communications (no codes)
- ☐ Be mindful of HIPPA concerns
- ☐ Carry out assignments as directed

At end of shift or demobilization
- ☐ Brief relief communicator on ongoing operations when relieved
- ☐ Retrieve all personal gear and return your area to pre-arrival condition
- ☐ Check out with Net Control or return to staging area
- ☐ Report to Staging Area for R&R, reassignment or deactivation
- ☐ Participate in after action activities [Hot Wash] as directed
- ☐ Communicators may want to maintain personal log of actions and events

Team Leader Responsibilities

- ☐ Review common responsibilities
- ☐ Participate in incident meetings and briefings as required
- ☐ Determine current status of unit activities
- ☐ Determine resource needs
- ☐ Order additional resources as needed
- ☐ Provide unit with status updates and reports
- ☐ Assign specific duties
- ☐ Maintain personnel accountability status
- ☐ Monitor safety and security of unit
- ☐ Supervise demobilization
- ☐ Collect and maintain all unit records and forms

Attach Copy of FEMA/NIMS ICS Course Transcript Here:

NAME: CALL: LICENSE CLASS:

HOME GROUP: SNJ, 029NJ01   DATE:

ARES® TRAINING LEVEL			
Level 1*			
TASK	Req/Opt	COMPLETION DATE	EC Sign Off
Education			
IS-100.c - Introduction to Incident Command System*	R		
IS-700.b – Introduction to National Incident Management System*	R		
ARRL EC-001 Introduction to Emergency Communications**	O		
SKYWARN Spotter Basic Training (Every Two Years)	O		
Comment: *Sets initial baseline requirements. Will likely be insufficient for deployment at an incident. **EC-001 Course may be revised soon. But for now, will remain as an "Optional" course.			
Participation			
Join an ARES® group	R		
Comment:			
Proficiency/Skill			
Obtain Amateur Radio License	R		
Comment:			

Attach Copy of FCC Amateur Radio License Here:

Level 1 Completion Record

The listed tasks for the **Level 1** having been completed, dated and initialed indicate successful completion of all the tasks required of the ARES® Communicator for the Level 1.

_____The individual is recommended as certified for **Level 1**.

Date: _____   _____

                              EC

Comments: _____

OCEAN COUNTY ARES® STANDARDIZED TRAINING PLAN TASK BOOK

CALL: LICENSE CLASS:

NAME:

HOME GROUP: SNJ, 029NJ01   DATE:

ARES® TRAINING LEVEL			
Level 2*			
TASK	Req/Opt	COMPLETION DATE	EC or DEC Sign Off
Education			
General Class License	O		
IS-100.c - Introduction to Incident Command System*	R		
IS-200.c – Basic Incident Command System for initial Response*	R		
IS-700.b – Introduction to National Incident Mgt System*	R		
IS-800.c – National Response Framework, An Introduction*	R		
ARRL EC-001 Intro to Emergency Communications	R		
SKYWARN Spotter Basic Training (Every Two Years)	R		
Comment: *These should be considered as meeting the minimum requirements for deployment at an Incident. Local EMA authorities may require additional training.			
Participation			
Net Participation (Once per Quarter)	R		
Public Service Event Participation (Annually)	O		
Simulated Emergency Test or Exercise Participation	O		
Serve as Net Control	R		
Comment:			
Proficiency/Skill			
Obtain Task Book	R		
Program tone into HT (Manually or by Computer)	R		
Program frequency & offset into radio (Manually or Computer)	R		
Write and send an ICS-213 message (Manually or Computer)	R		
Write and send an ARRL Radiogram (Manually or Computer)	R		
Operate unit specific Digital VHF station with NBEMS	R		
Build a simple J-Pole 2 meter antenna	O		
Assemble Powerpole connector pair to power cable	R		
Test a 2 meter antenna for SWR	R		
Setup Ocean County EOC Go-Kit for operation	R		
Send a message via APRS	R		
Assemble a 24-hour Kit*	R		
Comment: *The contents of a 24-hour Kit will be specified in either a separate document or as an Annex to this document.			
Other /Unit Specific			

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Comment:

Level 2 Completion Record

The listed tasks for the Level **2** having been completed, dated and initialed indicate successful completion of all the tasks required of the ARES® Communicator for Level 2.

_____The individual is recommended as certified for **Level 2**.
_____The individual is in need of additional training as indicated below. (Optional)

Date: _____EC or DEC _____

Comments:_____

_____

_____

OCEAN COUNTY ARES® STANDARDIZED TRAINING PLAN TASK BOOK

NAME: CALL: LICENSE CLASS:

HOME GROUP: SNJ, 029NJ01   DATE:

ARES® TRAINING LEVEL **Level 3**			
TASK	Req/Opt	COMPLETION DATE	EC or DEC Sign Off
Education			
IS-120.c – An Introduction to Exercises*	R		
IS-230.d – Fundamentals of Emergency Management*	R		
IS-235.c – Emergency Planning*	R		
IS-240.b – Leadership and Influence*	R		
IS-241.b – Decision Making and Problem Solving*	R		
IS-242.b – Effective Communications*	R		
IS-244.b – Developing and Managing Volunteers*	R		
IS-288.a – Role of Voluntary Organizations in Emer. Mgt*	R		
IS-775 - EOC Management and Operations ***	O		
IS-300 – Intermediate ICS for Expanding Incidents*	O		
IS-400 – Advanced ICS*	O		
IS-700.b – Introduction to National Incident Mgt System*	R		
IS-800.c – National Response Framework, An Introduction*	R		
ARRL EC-016 Public Service & Emergency Com Mgt*	R		
SKYWARN Training Class (Bi-Annually) *	R		
PR-101 – Public Information Officer Training (EC-015) **	O		
AUXCOM Course*	O		
Comment: *Required for those seeking/holding leadership positions. These individuals should also hold a General Class (or higher) Amateur license. **This requirement may be revised in the future owing to the possibility of confusion with the PIO position in the ICS structure. *** ARES leaders assigned to EOC's			
Participation			
Controlled Net Participation (Once per Quarter—minimum)			
Public Service Event Participation (Annually)	R		
Simulated Emergency Test or Exercise Participation (Annual)	R		
Serve as Net Control (Once per Quarter—minimum)	R		
	R		
Comment:			
Leadership			
Present a training session	R		
Hold/held a leadership position in a group	R		
Hold a General Class License or higher*	O		
Participate in PIO activities (PR-101 Qualifies)	R		
Comment: *Highly recommended for those in leadership positions.			

Proficiency/Skill			
Proficient in using ICS forms	R		
Assemble/Test PL259 connector to cable (solder or crimp)	R		
Assemble/Test N connector to cable (solder or crimp)	R		
Demonstrate cross band repeat on Mobile Radio (UHF→VHF)	R		
Operate VHF Winlink station in Peer-to-peer mode*	O		
Operate HF Winlink station*	O		
	O		

Comment: *Optional requirement. Depends upon local and/or state practices and usage, and level of integration present with NTS.

Level 3 Completion Record

The listed tasks for the **Level 3** having been dated and initialed indicate successful completion of all the tasks required of the ARES® Communicator for **Level 3.**

_____The individual is recommended as certified for this **Level** 3.

_____ The individual is in need of additional training as indicated below. (Optional)

Date:_____

EC or DEC _____

Comments:_____

_____

OCEAN COUNTY ARES® STANDARDIZED TRAINING PLAN TASK BOOK

NAME:_____CALL:_____LICENSE CLASS: _____

HOME ARES TEAM:_____DATE: _____

Section: Southern New Jersey

ARES® TRAINING LEVEL 4: SNJ ARESMAT (In SNJ Mutual Aid)			
TASK	Required/ Optional	Completion Date	Recorded
Education			
ARRL EC-001 Intro to Emergency Communications	R		
ICS-100	R		
ICS-200	R		
ICS-700	R		
ICS-800	R		
IS-300 – Intermediate ICS for Expanding Incidents*	O		
IS-400 – Advanced ICS*	O		
Communications Unit Leader COML*	O		
Communications Unit Technician COMT*	O		
AUXCOM*	O		
License Required: • Technician • General or Higher	R R_{HF}		
Demonstrate program radio using reference sheet or instruction manual	R		
Setup & Basic Troubleshooting with manual • VHF/UHF voice & antenna • HF voice + NVIS antenna	R D_{HF}		
Proficiency with ICS Forms: • ICS-205 • ICS-214 • ICS-309 • ICS-213	R R R R		
Voice Message Handing; ARRL & ICS-213 formats	R		
Digital Message Handling Experience • Winlink – RF o • FLDIGI/FLMSG	D D_{SNJ}		

Participation: • Simulated Emergency Test or Exercise (Annually) • Public Service Event (Annually) • NCS Role (Semi-Annually)	R R R		
Comment: Level 4 SNJ ARESMAT members are required to provide Emergency Contact information in ARES Connect or on application.			
ABILITIES:		*Date*	*EC/DEC sign-off*
Participate in ARESMAT training sessions, as necessary	R		
Collaborate cooperatively with served local team and severed agencies.	R		
Comment:			
Key **R ~ Required** **R$_{HF}$ ~ Indicates require FCC License for operating frequency within HF bands, while Technician can assist** **D ~ Desired** **O ~ Optional**			

OCEAN COUNTY ARES® STANDARDIZED TRAINING PLAN TASK BOOK

NAME:_____CALL:_____LICENSE CLASS: _____

HOME ARES TEAM:_____DATE: _____

ARES® TRAINING LEVEL 5: Mid-Atlantic ARESMAT			
TASK	**Req/Opt**	**Completion Date**	**Recorded**
Education			
ARRL EC-001 Intro to Emergency Communications	R		
ARRL EC-016 Public Service & Emergency Com Management*	O		
WebEOC (required annually)	D_{MDC}		
ICS-100	R		
ICS-200	R		
ICS-700	R		
ICS-800	R		
IS-300 – Intermediate ICS for Expanding Incidents*	O		
IS-400 – Advanced ICS*	O		
Communications Unit Leader COML*	O		
Communications Unit Technician COMT*	O		
AUXCOMM	O		
Comment: *Required for ARES MAT Team Leaders.			
R_{xxx} As required by Severed Section			
License Required: Technician General or Higher for HF	R R		
Digital Message Handling Experience • Winlink – RF • FLDIGI/FLMSG	D_{MDC} D_{SNJ}		
Setup & Basic Troubleshooting with manual • VHF voice & digital station + antenna • HF voice & digital station + NVIS antenna	R D_{SNJ}		
Demonstrate program radio using reference sheet or instruction manual	R		
Participation: • Simulated Emergency Test or Exercise (Annually) • Public Service Event (Annually) • NCS Role (Semi-Annually)	R R R		

Assemble 72 hours - Deployment kit	D			
Proficiency with ICS Forms: • ICS-205 • ICS-214 • ICS-309	R R R			

Comment: Level 5 - Mid-Atlantic ARESMAT members are required to provide Emergency Contact information in ARES Connect or on application.

Leadership		*Date*	*EC/DEC sign-off*	
Participate in ARESMAT training sessions, as necessary	R			
Collaborate cooperatively with served local team and sever agencies.	R			

Key

R ~ Required by all Sections

R$_{xxx}$ ~ Required by Indicated Section(s) abbreviation

D ~ Desirable

O ~ Optional

Comment:

Mid-Atlantic ARESMAT Qualified Level Completion Record

The listed tasks for the **Mid-Atlantic ARESMAT Qualified** level having been dated and initialed indicate successful completion of all the tasks required of the ARES® Communicator for the AWAY TEAM level.

_____The individual is recommended as certified for **Mid-Atlantic ARESMAT Qualified Level**.

_____The individual is in need of additional training as indicated below. (Optional)

Date:_____ EC:_____

Comments:_____

_____

_____

_____

****

_____The individual is recommended as certified for this position.

_____The individual is in need of additional training as indicated below. (Optional)

Date:_____ EC/DEC:_____

Comments:_____

_____

_____

_____

AWAY TEAM Deployment Request

        Request for Deployment Team Consideration

NAME: CALL: LICENSE CLASS:

HOME GROUP: DATE:

OCEAN COUNTY ARES® STANDARDIZED TRAINING PLAN TASK BOOK

NAME: CALL: LICENSE CLASS:
HOME GROUP: SNJ, 029NJ01   DATE:

TASK	R/O /H	LEVEL 1-2-3	COMPLETION DATE	EC Sign Off
ARES® SECTION/DISTRICT/UNIT SPECIFIC TRAINING REQUIREMENTS				
ALL LEVELS				
Education				
Comment:				
Participation				
Comment:				
Leadership				
Comment:				
Proficiency/Skill				

Comment:

ARES® SECTION/DISTRICT/UNIT SPECIFIC TRAINING Completion Record

The listed tasks for ARES® SECTION/DISTRICT/UNIT SPECIFIC TRAINING having been dated and initialed indicate successful completion of all the tasks required of the ARES◻ Communicator.

_____The individual is certified as completing **SECTION/DISTRICT/UNIT SPECIFIC TRAINING requirements**.

_____ The individual is in need of additional training as indicated below. (Optional)

Date:_____

SEC, DEC or EC _____

Comments:_____

_____

_____

Appendix